

The logo for 'Fast & Up' is centered on a white horizontal band. It features a stylized orange chevron pointing right, followed by the text 'FAST&UP' in a bold, blue, italicized sans-serif font. A registered trademark symbol (®) is located at the end of the text.

FAST&UP®

Vitamin C 1000mg >>>



- Supports Immune System
- Helps Fight Infections
- Protects the Cells from Oxidative Stress
- Boosts Production of WBCs

Fast&Up Vitamin C contains high quality 1000mg Vitamin C for everyday protection. It contributes to fulfill the daily Vitamin C requirements. Vitamin C is a strong antioxidant supports body's immune responses. Vitamin C contributes to protect cells from oxidative stress caused after intensive physical activity. Vitamin C contributes to better absorption of iron from dietary sources. Vitamin C is a water-soluble vitamin which means that the body does not store it thereby making daily supplementation of Vitamin C essential. Fast&Up Vitamin C is manufactured with premium quality Swiss Effervescent Technology, 100% Vegetarian, available in Tangy Orange flavour. Fast&Up's effervescent formulation aids in hydration, is gentle on the stomach, and is beneficial for people who have a difficulty in swallowing pills. Fast&Up Vitamin C is simple to use: DROP, FIZZ, DRINK. Drop 1 tablet into 250ml of water, wait until it dissolves, and then drink after any meal in the day. It is advisable not to use the product on an empty stomach.

Ingredients:

Citric acid anhydrous, Sodium hydrogen carbonate, Vitamin C (Ascorbic acid) Sodium carbonate anhydrous, Crospovidone, Orange flavour, Beta carotene, Cloudy mix powder, Sucralose, Colloidal silicon dioxide, Polyethylene glycol.

Magnesium



- 300 mg Elemental Magnesium + 10 mg Elemental Zinc
- Promotes Restful and Good Quality Sleep
- Supports Stress Relieve
- Contributes in fulfilling daily magnesium requirements

Fast&Up Magnesium is formulated with Premium Swiss Effervescent Technology to promote restful sleep and defeat daily stress. It comprises 300 mg Elemental Magnesium and 10mg Zinc, essential for proper nerve functioning, neurotransmitter regulation and the alleviation of anxiety. Studies indicate that optimal levels of magnesium and zinc are needed for normal sleep and low levels can impair sleep. Inadequate sleep can in turn lead to various other health issues and can even cause insomnia in some cases. Fast&Up Magnesium aids to promote good quality sleep, relieve anxiety, enhance mood, and promote calm mind and body. Formulated with unique effervescent technology, Fast&Up Magnesium fulfils the daily Magnesium requirements for both men & women and offers maximum nutrient absorption and bioavailability, whilst being gentle on the stomach and does not cause GI distress. Available in tasty Blackcurrant and Lime flavour it is easy to consume just DROP, FIZZ, DRINK. Drop 1 tablet into 250ml of water, wait until it dissolves, and then drink it 20-30 mins before bedtime.

Ingredients:

Citric acid, Sodium hydrogen carbonate, Magnesium oxide, Maltodextrin, Blackcurrant flavour, Sorbitol, Zinc sulphate, Sucralose, Lime Flavour.

Multivitamin >>>



- ✓ Complete daily multivitamin requirements
- ✓ Help fulfil daily nutritional needs
- ✓ Keep you active and energetic throughout the day
- ✓ Protect cells from oxidative stress

Fast&Up Multivitamin is formulated with Premium Swiss Effervescent Technology and combination of high-quality Vitamins, Minerals and natural nitrate-rich Beetroot Extract, which help to bridge daily nutritional gaps and provide daily nutrition. We all know how important it is to have a nutrient-rich balanced diet, involving green vegetables, fruits, whole grains etc. However, it can be quite difficult to maintain daily nutritional intake, particularly with a hectic work-life balance and irregular sleeping pattern and this can result in a nutrient imbalance. In order to maintain and contribute towards our general health and well-being and ensure we don't fall short on nutrients in our diet, add Fast&Up Multivitamin to your daily routine. Fast&Up Multivitamin effervescent formulation is gentle on stomach, easy to use and does not cause GI distress. Consuming one tablet of Multivitamin helps to keep you active, energised, maintain daily nutrient levels and contributes to daily health and immune system support. Fast&Up Multivitamin available in Orange flavour is easy to use just DROP, FIZZ, DRINK. Drop 1 effervescent tablet in 250ml water, wait until it dissolves completely and drink after any meal.

Ingredients:

Citric acid, Sodium hydrogen carbonate, Maltodextrin, Calcium carbonate, Beta vulgaris â€œ (Beet) root extract, Sorbitol, Magnesium carbonate, Orange flavour, Vitamin C, Sucralose, Vitamin B3 (Niacinamide) Vitamin B5 (Calcium Pantothenate) Polydimethylsiloxane, Zinc sulphate, Ferrous sulphate, Vitamin A (Retinol acetate) Manganese sulphate, Vitamin B6 (Pyridoxine hydrochloride) Vitamin B2 (Riboflavin-5-phosphate sodium) Vitamin D3, Vitamin B1 (Thiamine hydrochloride) Vitamin K1, Folic acid, Copper sulphate, Vitamin B7 (Biotin) Chromium trisulphate, Sodium selenite, Sodium molybdate, Vitamin B12 (Cyanocobalamin)

Reload Strawberry



- ✓ Instant and sustained energy with no GI distress
- ✓ Contributes in faster electrolytes replenishment
- ✓ Supports water balance in the body
- ✓ Supports prevention of muscle related injuries, stress, cramps and exhaustion

Fast&Up Reload formulated with Premium Swiss Effervescent Technology provides combination of essential electrolytes, vital nutrients such as vitamins, minerals and antioxidants that help energize your water and provide you with instant hydration, faster electrolyte replenishment and supports water balance in the body during workout or post hectic day. Fast&Up Reload is a hypotonic hydration drink which ensure quick hydration as compared to isotonic and hypertonic drinks. Hypotonic drinks contain particles that are less concentrated and high water concentration as compared to body fluids which helps with faster rehydration process. Fast&Up Reload with superior nutrient delivery form helps provide instant hydration with faster nutrient absorption and causes no GI distress.

Reload can be consumed by anyone throughout the year for hydration and energizing your body. When you work out or during intense activity you lose a lot of sweat. In sweat one does not lose water but also essential electrolytes like Sodium, Potassium, Magnesium and Chloride etc. Reload with an intelligent combination of all essential electrolytes helps in rehydration and helps maintain water balance in the body along with providing energy. Vitamin C in Reload helps promote antioxidant property and helps reduce muscle injuries, fatigue and damage caused by free radicals. Vitamin B12 supports provides energy and balances hydration. Fast&Up Reload is easy to drink. JUST DROP FIZZ DRINK. Drop 1 effervescent tablet in 250ml water, wait till it dissolves completely and drink in between any activity or post a tiring day.

Ingredients:

Maltodextrin, Citric acid, Fructose, Sodium hydrogen carbonate, Potassium chloride, Beta vulgaris (Beet) root extract, Sodium chloride, Magnesium carbonate, Strawberry flavour, Ascorbic acid (Vitamin C) Calcium carbonate, Lemon flavour, Sucralose, Cyanocobalamin (Vitamin B12)

Reload Mixed Berry >>



Fast&Up Reload formulated with Premium Swiss Effervescent Technology provides combination of essential electrolytes, vital nutrients such as vitamins, minerals and antioxidants that help energize your water and provide you with instant hydration, faster electrolyte replenishment and supports water balance in the body during workout or post hectic day. Fast&Up Reload is a hypotonic hydration drink which ensure quick hydration as compared to isotonic and hypertonic drinks. Hypotonic drinks contain particles that are less concentrated and high water concentration as compared to body fluids which helps with faster rehydration process. Fast&Up Reload with superior nutrient delivery form helps provide instant hydration with faster nutrient absorption and causes no GI distress.

Reload can be consumed by anyone throughout the year for hydration and energizing your body. When you work out or during intense activity you lose a lot of sweat. In sweat one does not lose water but also essential electrolytes like Sodium, Potassium, Magnesium and Chloride etc. Reload with an intelligent combination of all essential electrolytes helps in rehydration and helps maintain water balance in the body along with providing energy. Vitamin C in Reload helps promote antioxidant property and helps reduce muscle injuries, fatigue and damage caused by free radicals. Vitamin B12 supports provides energy and balances hydration. Fast&Up Reload is easy to drink. JUST DROP FIZZ DRINK. Drop 1 effervescent tablet in 250ml water, wait till it dissolves completely and drink in between any activity or post a tiring day.

Ingredients:

Maltodextrin, Citric acid, Fructose, Sodium hydrogen carbonate, Potassium chloride, DL Malic acid, Sodium chloride, Magnesium carbonate, Blaccurrent flavour, Ascorbic acid (Vitamin C) Calcium carbonate, Beta vulgaris (Beet)root extract, Sucralose, Cyanocobalamin (Vitamin B12)

Turmeric & Ginger >>



- ✓ Daily immune system support
- ✓ Anti-inflammatory properties
- ✓ Supports cardiovascular and joint health
- ✓ Protects cells from oxidative stress

Fast&Up Turmeric & Ginger is formulated with Premium Swiss Effervescent Technology and powerful combination of 500mg Turmeric Extract, 15mg Ginger Extract, 10mg Elemental Zinc and 2mg Black Pepper extract to support a strong immune system. Studies show that normal Turmeric roots have approximately 2-5 % of Curcumin while Fast&Up Turmeric & Ginger has 50% Curcumin with natural Curcuminoids, which boost immunity, improve gut health, support gut immune connection and play a major role in suppressing stress hormone levels in the body. Black Pepper helps to enhance Curcumin Bioavailability by 2000%. Ginger extract contains active ingredient Gingerol which exhibits antioxidant properties. Elemental Zinc from Zinc sulphate is an essential mineral which contributes in production and functioning of immune cells. Fast&Up Turmeric & Ginger effervescent tablet is designed with an advanced nutrient delivery system that offers higher bioavailability, gentle on stomach and does not cause GI distress. Available in a tasty Mango flavour, it is easy to use, just DROP, FIZZ, DRINK. Drop 1 tablet in 250ml water, wait until it dissolves in water and consume it after any meal.

Ingredient:

Citric acid, Sodium hydrogen carbonate, Curcuma longa L. (Turmeric)extract, Maltodextrin, Cross povidone, Mango Flavour, Lemon flavour, Steviol glycosides, Zinc sulphate, Silicone dioxide, Zingiber officinale (Ginger) extract, Magnesium stearate, Piper nigrum (Black Pepper)extract.

Lean Body L-Carnitine 2000mg >>



Carnipure™ 2000mg L-Carnitine That Turns Fat Into Energy

Clinically Proven, High Quality 2000mg Carnipure™ L-Carnitine with Fast Absorption & Action to Turn Fat into Energy. Sourced from Lonza, Switzerland, Fast&Up L-Carnitine Lean Body:

- ✓ Clinically Researched and Tested Carnipure™ Trademark of Lonza, Switzerland
- ✓ Helps to effectively Burn Fat & Convert Stored Fat into Cellular Energy
- ✓ Helps lose up to 4kg weight in 30 days with support of healthy diet and daily workout
- ✓ Effervescent Fast&Up L-Carnitine Lean Body promotes Fatty Acid Metabolism & Transports it to the mitochondria where it is burned and converted into energy
- ✓ No Added Sugar, Banned Substance Free, Supports Weight Management & Energy Production

How To Use: Drop 2 effervescent tablets in 250-500ml water, wait till the effervescent tablets dissolve completely, and drink.

When To Use: 30mins before your workout. Can also be consumed on an empty stomach.

What Is Fast&Up L-Carnitine Lean Body?

Fast&Up L-Carnitine Lean Body Supplement is a branded & clinically tested Carnitine trademarked by the Swiss Company - Carnipure™ Lonza. It is formulated with 2000mg Pure, High-Quality Carnipure™ which is World's best manufacturer of L-Carnitine. These L-Carnitine tablets are an effective fat burner that converts fatty acids into Cellular Energy and helps you achieve a lean and toned body. It is formulated with Swiss Effervescent Technology which provides high bioavailability, fast absorption of nutrients, is gentle on stomach, banned substance free, has no known side-effects and is available in lemon and orange flavour.

NightOut (Handover Cure) >>

How To Consume:

Add 2 tablets to a glass of water, wait till it dissolves completely, and drink it up.

When To Consume:

Consume as a last drink of the night or first drink of the morning after

WHAT IS UNIQUE ABOUT NIGHTOUT?

NightOut contains added Instant Electrolytes such as Sodium, Potassium, Magnesium and Calcium along with a blend of Amino Acids & B-Vitamins which helps you wake up fresh & energetic after a night of celebration. It has Zero Sugar and is available in refreshing Fizzy Lemon flavour

Non-Habit Forming, High Bioavailability, Fast Absorbing, Gentle on stomach with no Known Side Effects

QUICK RELIEF FROM HANGOVER SYMPTOMS

✓ No Headache

B-vitamins & electrolytes help prevent headaches

✓ No Nausea

Fast absorbing formula that helps suppress morning sickness

✓ No Fatigue

Reduces dehydration, dizziness, weakness; for a productive next day!

✓ Boosts Hydration

Re-hydrates & replenishes for a fresh morning after

✓ Improves Focus

Helps regain mental focus & alertness

✓ Liver Detox

Added amino acids help clear accumulation of toxins from the liver



JOIN THE #NIGHTOUTMOVEMENT

NightOut is on a mission to revolutionize the party scene by offering a responsible and enjoyable way to have a good time without the unwanted aftermath of a hangover. Make sure your party smart with NightOut as your after-party drink. It serves as an anti hangover drink, ensuring you wake up feeling refreshed instead of hungover. Say goodbye to the days of being a party animal and needing a hangover fixed the next day. NightOut is your weekend savior and quick hangover cure in one small tube.

HOW DOES NIGHTOUT WORK ON YOUR BODY?

Alcohol consumption has a diuretic effect on the body and results in significant dehydration and electrolyte imbalance. NightOut contains added instant electrolytes such as Sodium, Potassium, Magnesium and Calcium that helps the body prevent acute dehydration and replenish lost electrolytes. In the process of breakdown of alcohol, acetaldehyde is produced which induces symptoms of hangover. Added Amino Acid, Glutamine helps clear accumulation of toxins in the liver and improves alcohol metabolism. NightOut contains added B-Vitamins such as Vitamin B1, B2, B3, B6 and B12 which helps reduce symptoms of hangover such as dizziness, headache, light headedness and helps re-energize the body. Vitamin C is a powerful antioxidant which helps neutralise the toxic effects of alcohol. Taurine helps protect muscle cells from alcohol induced damage and improve mental focus and alertness. Creatine helps with post drinking fatigue and exhaustion. With added BCAA- L-Leucine, L-Isoleucine, and L-Valine that supports alcohol metabolism, liver health and provides instant energy. NightOut is formulated with Premium Swiss effervescent technology that offers faster nutrient absorption and action, is gentle on the stomach with no known side effects. Just add 2 tablets in a glass of water, let the tablets dissolve completely and consume as last drink of the night or first drink of the morning after for instant hangover relief.

Apple Cider Vinegar >>>

ACV For Weight Management & Gut Health

- ✓ Effective Apple Cider Vinegar with "Mother" in a fast-acting effervescent formula for weight management, without the taste of cider.
- ✓ Enriched with Vitamins B6 and B12 to boost fat metabolism and mobilization.
- ✓ Includes Pomegranate and Beetroot extracts packed with antioxidants for gut health.
- ✓ Delicious Green Apple flavor, sugar-free, gluten-free, and gentle on teeth enamel.



Why Apple Cider Vinegar with added "The Mother"?

Apple Cider Vinegar is made by fermenting apples and adding enzymes. "Mother" is the group of bacteria that are produced during fermentation. These bacteria are very beneficial to your gut system and act as a probiotic helping in maintaining and boosting your gut health.

How Apple Cider Vinegar helps in weight loss?

The active ingredient of Apple Cider Vinegar is Acetic acid. Fast&Up Apple Cider Vinegar contains 5% acetic acid which is an ideal concentration. The acetic acid dissociates into acetate and hydrogen in the body.

This acetate further helps in weight management. The acetate releases certain hormones which help you control your appetite and increases your energy expenditure and fat oxidation.

There are various ways in which it promotes weight loss:

- ✓ Helps improve metabolism
- ✓ Helps in fat burning
- ✓ Helps reduces fat storage
- ✓ Help provide satiety

What is the role of Vitamin B6 and Vitamin B12?

Vitamin B6 and B12 work together to support metabolism and energy production.

Vitamin B6: Converts carbohydrates into energy and helps suppress appetite. Since the body cannot produce it, supplementation is beneficial.

Vitamin B12: Acts as a cofactor in metabolic processes, boosting energy and overall metabolism.

How do Pomegranate and Beetroot extract help?

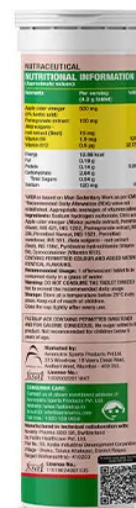
Pomegranate extract is rich in polyphenols. It has prebiotic properties, helps reduce gut inflammation, and helps improve digestion.

Beetroot extract is extremely low in calories and rich in vitamins and minerals, and antioxidants helping in boosting our metabolism.

Who can consume Fast&Up Apple Cider Vinegar?

Fast&Up Apple Cider Vinegar can be consumed by:

- ✓ Anyone looking for weight management.
- ✓ Anyone having GI Distress.
- ✓ Anyone who wants to improve digestion
- ✓ Anyone looking to boost their metabolism.



Lung Detox >>

Clinically Proven N-Acetylcysteine + Vitamin C For Lung Health

- ✓ Fast&Up N-Acetylcysteine is India's first Double Action Formula with 600mg NAC + 40mg Vitamin C for lung cleansing, better breathing, and improved respiratory and liver health.
- ✓ Combines NAC and Vitamin C to build powerful antioxidants in the body.
- ✓ NAC, a stable form of L-Cysteine, effectively boosts glutathione, a key body antioxidant.
- ✓ Loosens thick lung mucus, reduces paracetamol overdose effects, supports chronic bronchitis, and improves liver health
- ✓ Flushes out toxins from smoking for healthier lungs.
- ✓ Prevents respiratory infections and enhances lung health.

How to Use: Drop one tablet in 250 ml of water, let it dissolve, and drink.

When to Use: Consume after any meal.

WHAT IS FAST&UP LUNG DETOX?

India's first Double Action Formula for lung and liver health. Each effervescent tablet contains 600mg NAC + 40mg Vitamin C for lung cleansing, better breathing, and liver support. Swiss Effervescent Technology ensures better absorption and bioavailability. Available in Strawberry flavor, it's sugar-free and gentle on the stomach.



NUTRITIONAL INFORMATION (Approx. values):		
Serving Size: 1 Tablet (4.15 g)		
Number of servings: 20		
Nutrients	Per serving	%RDA
N-Acetyl-L-Cysteine	600 mg	*
Vitamin C	40 mg	50%
Energy Value	11.45 kcal	0.57%
Protein	0.39 g	0.72%
Carbohydrate	2.47 g	*
Total Sugars	0.58 g	*
Added Sugars	0.35 g	0.70%
Dietary Fibre	0.28 g	0.93%
Total Fat	0 g	0%
Sodium	126.5 mg	6.33%
#%RDA value established as per ICMR 2020 Men		
Sedentary work and based upon 2000 kcal diet. *%RDA values not established.		
Ingredients: Acidity regulators (INS 330 and INS 500(i)), N-Acetyl-L-Cysteine, Diluents (Maltodextrin and Dextrose), Acidity regulator (INS 500(i)), Nature identical flavour (Strawberry), Natural food colour (INS 162), Ascorbic acid (Vitamin C), Sweetener (INS 955), Nature identical flavour (Lime), Preservative (INS 211), Anticaking agent (INS 551), Antisticking agent (Magnesium stearate).		

HOW DOES N-ACETYLCYSTEINE AND VITAMIN C HELP TO PROTECT LUNGS?

NAC acts as an antioxidant with expectorant properties, reducing inflammation and breaking down thick mucus to clear airways. It thins mucus, expels it, and removes pollutants for healthier lungs. Vitamin C boosts antioxidant defenses, supports lung health, and aids recovery.

WHY IS IT IMPORTANT TO CLEAR MUCUS FROM RESPIRATORY TRACT?

Uncleared mucus can cause lung infections and other respiratory issues.

DOES N-ACETYLCYSTEINE + VITAMIN C HELP IN LUNG RECOVERY?

NAC boosts glutathione production, the body's most powerful antioxidant, protecting cells and aiding lung repair. Vitamin C enhances antioxidant support, helping heal lung tissue and promoting recovery.

WHY IS LUNG HEALTH IMPORTANT?

Lungs age rapidly, and damage often becomes evident only when it's severe. Air pollution, smoking, and toxins contribute to lung deterioration.

WHO NEEDS FAST&UP N-ACETYLCYSTEINE SUPPLEMENT?

- ✓ Those who want to enhance their respiratory and liver functions.
- ✓ Those who smoke or come in contact with secondary smoking
- ✓ Those living in urban areas and come in frequent contact with air pollutants or environmental toxins
- ✓ Those who suffer regularly from heartburn (acid reflux)
- ✓ Those who want to boost their lung immunity and stay healthy

Liver Detox >>>



- ✔ Formulated with 600 mg of Milk Thistle extract and 600 mg of N-Acetylcysteine (NAC) which work in synergy to cleanse & protect your liver by eliminating the toxins that come from consuming alcohol & medications
- ✔ Boosts liver detox by decreasing unwanted fatty liver depositions & preventing further fat accumulation
- ✔ Provides you with an optimal liver protection by increasing & preserving the levels of Glutathione, thus ensuring long-lasting antioxidant action
- ✔ Silymarin, the bioactive of Milk Thistle promotes recovery of your liver by helping to reduce & restore the damage to the liver cells and making your liver more resilient
- ✔ How to Consume: Drop 1 tablet in 250ml of water, wait till it completely dissolves and drink it up!
- ✔ When to Consume: You can consume it anytime of the day

The liver is the largest internal organ of the body & it plays a primary role in maintaining your health. Fast&Up Liver Detox tablets is the best support for your liver. It contains Milk Thistle extract and N-Acetylcysteine (NAC) which together work to cleanse & protect your liver. These powerful ingredients help to flush out liver toxins & help to increase antioxidant levels for optimal liver protection. Fast&Up's best Liver Detox supplement is available in a delicious Mixed Berry flavor and is the best way to boost your liver detox while also rewarding your palate!



Did You Know 95% Women Are More Satisfied With Men Who Use Man Extend Daily

- ✦ Extend your sexual pleasure with well-researched formulation of Korean Arginine + Testofen™ Brahmi and More for 3X More Energy and 5X More Vigour
- ✦ Vital Minerals and Superherbs helps boosts libido, blood flow to vital organs and enhance vitality
- ✦ Contains Testofen, which is clinically validated to increase testosterone levels and boost sexual vitality
- ✦ Approved by Sexologists and Trusted by 50,000+ Men across India
- ✦ Available in 2 Delicious Flavours - Cola and Fizzy Peach with no added sugar and known side effect

Enhance your sexual experience with our powerful blend of Korean Arginine, Testofen™ Brahmi, and more. Our Testosterone Booster + Nitric Oxide Blend + Energizing Blend provides 3X more energy and 5X more vigour for a truly satisfying experience. Packed with vital minerals and superherbs, it boosts libido, improves blood flow, and acts as a performance enhancer. Trusted by over 50,000 men in India and approved by top sexologists, it increases testosterone levels and elevates sexual vitality, ensuring unmatched satisfaction and performance.

What makes Fast&Up Man Extend Different?

These sexual health supplements for men combine clinically proven ingredients to ensure prolonged pleasure. The ****Testosterone Booster**** features Testofen™, a patented fenugreek seed extract that is clinically proven to naturally increase testosterone levels and improve performance. The ****Nitric Oxide Blend****, which includes Arginine, Citrulline, Ornithine, and Zinc, effectively boosts stamina for prolonged performance. The ****Energizing Blend**** with Brahmi and Shatavari helps delay fatigue, improve endurance, delay climax, and uplift mood, supporting a healthy lifestyle for better performance.

Additionally, you can enjoy the energizing flavors of Fizzy Peach and Cola. Fast&Up Man Extend is not only the best way to extend your sexual performance but also guarantees satisfaction.

How to Consume:

Drop 2 effervescent tablets in 250ml water, wait till it dissolves completely & drink it up!

When to consume:

Consume 2 tablets at once daily for 6-8 weeks for best results.

Who can take Fast&Up Man Extend:

- ✦ · Those who have low sexual drive
- ✦ · Who wants to last longer in bed
- ✦ · Who want to satisfy their partners
- ✦ · Who wants to support a healthy lifestyle
- ✦ · Who seeks a tablet for long-lasting sex
- ✦ · Who seek sexual performance supplements



Caffeine Free Pre Training Formula for Better Athletic Performance

Fast&Up Activate is an effervescent pre-training drink that combines 1500 mg L-Arginine, 250 mg L-Carnitine, and essential active nutrients. It is designed to maximize performance, fuel your workouts, and ensure you never waste a session.

- ✦ India's first effervescent Pre-training supplement that is an ideal combination - 1500 mg L-Arginine + L-Carnitine and other active nutrients for power performance.
- ✦ 1500mg of Fast absorbing L-Arginine helps boost Nitric Oxide (NO) content, which increases oxygen and nutrient supply
- ✦ L- Carnitine helps boost metabolism and energy, and Zinc positively influences performance.
- ✦ Helps delay fatigue during workouts, fuels your workout, and prevents Exercise-Induced Oxidative Stress (EXIOS)
- ✦ Available in a refreshing Orange flavor, Fast&Up Activate is 100% Vegetarian with no added sugar, no caffeine, and artificial stimulants and banned substance free.

How To Use: Drop 1 effervescent tablet in 250 ml of water. Let the effervescent tablet dissolve completely to give that Fizz to your drink.

When To Use: Drink 30 minutes before training/ workout.

What Are The Benefits Of Consuming Pre-Training Drinks?

Pre-workout supplements are drinks that are formulated with ingredients

that help fuel your workout, help reduce oxidative damage and boost your energy level during a workout. The ideal caffeine-free pre-workout drink provides ingredients that help you improve your athletic performance.

Why Fast&Up Activate?

Fast&Up Activate is a pre-training drink with 1500 mg L-Arginine, 250 mg L-Carnitine, and active nutrients to enhance workouts. Powered by Lycopene and Zinc, it reduces free radical damage and boosts athletic performance. Using Swiss Effervescent Technology, it ensures faster absorption and bioavailability. Easy to consume, sugar-free, and banned substance-free, it's available in a refreshing Orange flavor.

What Are The Benefits Of L-Arginine In Pre-Training?

L-Arginine boosts stamina and exercise performance by enhancing vasodilation. It increases Nitric Oxide levels, widening blood vessels to improve nutrient flow. A 1500 mg dose reduces breathlessness and delays exhaustion.

How Does L-Carnitine Benefit?

250 mg of L-Carnitine in this pre-training/ pre-workout drink helps burn fat as a source of energy in the energy-producing cell in our body. It helps boost metabolism, improves stamina, delays fatigue, and provides energy.

What Are The Benefits Of Zinc And Lycopene?

Zinc and Lycopene are powerful antioxidants, which help in preventing Exercise-Induced Oxidative Stress. Helps balance out free radical activity in the body and protect the body from the damage caused by them. The presence of Zinc in the pre-workout supplement positively influences performance.

How to use Fast&Up Activate?

Drop 1 effervescent tablet in 250 ml of water. Let the effervescent tablet dissolve completely to give that Fizz to your drink. Drink 30 minutes before training/ workout.

Who Can Opt For Fast&Up Activate?

Fast&Up Activate can be consumed during pre-training/ pre-workout by anyone who participates in sports or is a fitness, or health enthusiast who wants to avoid tiredness and optimize their exercise gains.



20 TABLETS



Charge Kids >>>

Natural Immunity Booster Recommended By Paediatricians

Charge Kidz is designed with a triple action formula with active Vitamin C consisting of natural Amla extract along with Super immunity herbs like Curcumin, Ginger & Tulsi and Pro Immunity Vitamins & Minerals like Vitamin D3, Vitamin B6 and Zinc to help build strong immunity and keep your children healthy and active all day.

- Indias first triple action formula with Immunity Booster Herbs + Essential Nutrients
- Active Vitamin C Complex - Natural Amla + 100% RDA Vitamin C helps to boost immunity
- Super Immunity herbs + Pro Immunity Vitamins & Minerals to fight invading viruses and bacteria

How To Use: Drop 1 tablet in 250ml water, wait till it dissolves completely

When To Use: Post any meal

WHY FAST&UP CHARGE KIDZ?

Children have less efficient immune systems, making them more susceptible to infections and slower to recover. Fast&Up Charge Kidz addresses this with natural immunity-boosting ingredients that protect, build, and strengthen kids' immunity. Each magic mango-flavored effervescent tablet provides 8 essential nutrients using Swiss effervescent technology for superior absorption and bioavailability. Its drinkable form makes it a convenient and enjoyable alternative to traditional tablets.

WHAT IS UNIQUE ABOUT FAST&UP CHARGE KIDZ?

Fast&Up Charge Kidz is designed with scientifically proven, natural ingredients to boost immunity. Its triple-action formula features an Active Vitamin C complex to protect against pathogens, immunity-boosting herbs to strengthen defenses, and Pro-Immunity Vitamins & Minerals to build a strong immune system. Using original effervescent technology, it provides faster action while being gentle on the stomach, making it a reliable immunity booster drink for kids.

HOW DOES ACTIVE VITAMIN C COMPLEX HELP?

The Active Vitamin C Complex combines Natural Amla Extract and Vitamin C for powerful antioxidant support. Amla Extract, a natural Vitamin C source, provides bioflavonoids and tannins to enhance Vitamin C's antioxidant properties. This 100% RDA Vitamin C blend helps protect against harmful pathogens and supports overall daily health.



HOW DOES SUPER IMMUNITY HERBS HELP?

Super Immunity Herbs are made from all-natural ingredients known for their medicinal benefits. These include Curcumin, Tulsi, and Ginger, traditional Indian herbs with a long history of use for their healing properties. They help strengthen the body's defense system to combat pathogens, chemicals, and environmental toxins.

HOW DOES PRO IMMUNITY HERBS HELP?

Pro Immunity Herbs with an intelligent combination of 100% RDA Vitamin D3, Zinc and Vitamin B6 helps to build a stronger immune system.

WHY IS KID IMMUNITY IMPORTANT?

During their growing phase, kids are more susceptible to infections and have an underdeveloped immune system. Essential immunity-boosting nutrients like Vitamin C, Vitamin D3, Vitamin B6, and Zinc are crucial for the development and maintenance of their immune system. These nutrients enhance the body's ability to fight infections, helping keep kids healthy and active throughout the day.

WHO NEEDS FAST&UP CHARGE KIDZ SUPPLEMENT?

- Those who are picky eaters
- Those who fall sick regularly
- Those who are active
- Those who want to boost their immunity

HOW TO CONSUME FAST&UP CHARGE KIDZ?

Fast&Up Charge Kidz is easy to consume, Just DROP, FIZZ, DRINK. Drop 1 effervescent tablet in 250ml water, wait till it dissolves completely and drink post any meal.

ChicNutrix: Collagen Builder >>



- ✓ India's 1st Effervescent Plant Based Collagen builder
- ✓ Consists of 3 unique blends for comprehensive skin support- Collagen Builder Blend, Cell Renewal Blend & Skin Protection Blend
- ✓ Boosts collagen production & helps in collagen formation
- ✓ Helps reduce wrinkles, fine lines and dull skin & Maintains skin elasticity, firmness, moisture which helps achieve healthy and young-looking skin
- ✓ Plant based ingredients that helps in skin cells regeneration & inhibit collagen breakdown
- ✓ Provides strong antioxidant support that protects the skin from daily damage
- ✓ 100% Vegan, Dermatologist approved, No Added Sugar, Gentle on the Stomach
- ✓ Great on taste in delicious blueberry flavor, 20 Effervescent Tablets

Flaunt your plump, firm & smooth skin with best natural collagen supplement. It is carefully crafted with high quality and clinically proven ingredients to give your skin the right support at the right time. It is the best collagen builder for skin containing a special combination of plant extracts, vitamins, minerals and amino acids that are required to maintain healthy skin.

How it works?

Chicnutrix Collagen Builder is the best vegan collagen booster that is formulated to be gentle on the stomach with faster action and absorption with no side effects along with the added benefit of supplements that reverse aging consisting of collagen builder blend, cell renewal blend and skin protection blend.

Collagen Builder Blend-

Look younger with Collagen Builder Blend which consists of ingredients that are required in collagen formation and also boosts collagen production. It also helps improve skin elasticity and firmness.

Cell Renewal Blend-

Restore your skin cell's health by a plant-based blend that consists of potent antioxidants which fights the free radical damage. It helps in maintaining skin health by promoting cell regeneration and inhibiting the collagen breakdown which in turn reduces the dull skin appearance.

Skin Protection Blend-

Skin Protection Blend helps protect skin from the free radical damage & sun damage. It provides strong antioxidant support to all skin layers, reduces the size of wrinkles, fine lines and strengthens the collagen layer. Thus, helping in maintaining the skin integrity, texture and moisture.

How to take?

The On the Go Nutrition, Natural collagen supplement is easy to consume, all you need to do is- Pop 1 Effervescent Tablet into a Glass of water (250ml approx)

Fizz and let it dissolve (take up to a minute)and Cheers to Healthy & Young-looking Skin.



- Japanese OPITACâ™ Glutathione is clinically proven for oral absorption.
- Provides powerful antioxidant support to fight free radical damage.
- Helps reduce pigmentation, uneven skin tone & dark spots.
- Added Vitamin C helps in glutathione absorption.
- Vegan, Dermatologist approved, No Added Sugar, Gentle on the Stomach.

How To Use?

Pop 1 Effervescent Tablet into a Glass of water (250ml approx.) Fizz and Wait till the Effervescent Tablet Dissolves. Completely. Cheers to Flawless Glowing Skin.

When To Use?

Can be consumed at any time of the day, preferably post any meal.

Note: Do not consume on an empty stomach.

Chicnutrix Glow Skin Tablet is effervescent nutrition that is gentle on the stomach, absorbs faster, and is very effective. skin glow vitamin C supplements are beneficial for pigmentation have no side effects and boost skin health and give a natural glow and radiance.

Japanese Glutathione

Japanese Glutathione is a powerful antioxidant that neutralizes free radicals and deactivates the enzyme that helps in melanin production giving you even-toned radiant skin. Effervescent glutathione tablets in Chicnutrix skin glow supplements are clinically proven for effective oral absorption and reduction in dark spots.

Vitamin C

Effervescent Vitamin C tablets for skin whitening work in synergy with Glutathione giving a powerful antioxidant boost and helping the body in the absorption of Glutathione.



- ✓ Helps Reduce Hair fall and Breakage of Hair
- ✓ Helps Fight Environmental Damage to Hair and Hair Follicles
- ✓ Helps Increase Hair Volume and Density
- ✓ Helps Reduce Brittle Hair and Thinning of Hair
- ✓ Helps Maintain Good Hair, Hair Follicles & Scalp Health
- ✓ 100% Vegan, Dermatologist approved, No Added Sugar, Gentle on the Stomach

How to Use?

Pop 1 Effervescent Tablet into a Glass of water (250ml approx) Fizz and Wait till the Effervescent Tablet Dissolves Completely. Cheers to Achieve Bouncy & Shiny Hair.

When to Use?

Can be consumed at any time of the day, preferably post any meal

Note: Do not consume on an empty stomach

Chicnutrix Bounce is a 100% Vegan hair nutrition for hair fall prevention and essential nutrients for hair growth. Formulated to be gentle on the stomach with faster action and absorption with no side effects to strengthen the hair, reduce the hair fall, and give voluminous hair with bounce.

Biotin

Biotin is a water-soluble nutrient for hair growth that helps the body in the production of amino acids for hair that is required to strengthen. Biotin is one of the best hair vitamins that regulate the hair growth cycle to give you thick and strong hair.

HRC Of Amino Acids

HRC of Amino Acids in hair is an essential nutrient in hair growth supplements as it stimulates hair growth, strengthens the hair shaft, prevents hair breakage, and improves hair texture to make your hair frizz-free and strong.

Selenium

Selenium is a trace mineral and an essential hair nutrition that activates enzymes for the regeneration of other antioxidants which will help prevent damage to hair follicles from pollution, UV rays, and free radicals and reduces brittle hair and hair thinning.



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